

**B R E A K F A S T**

FRUIT PLATE	6
PORRIDGE honey v	6
YOGHURT natural or coconut pb, granola, berries	7
BUTTERMILK PANCAKES blueberries or bacon, maple syrup	9
ACAI BOWL goji berries, coconut pb	9

**E G G S**

OMELETTE	6
EGGS ANY STYLE toast v	7
BAKED EGGS tomato, chickpeas v	8.5
AVOCADO ON TOAST poached eggs, chilli v	9
SMOKED SALMON scrambled eggs, sourdough	11
EGGS FLORENTINE v   BENEDICT   ROYALE	10   11   12
VEGETARIAN BREAKFAST	
eggs, feta, crispy ratte potatoes, kale, mushroom, roast tomato, baked beans, toast v	12
HALF   FULL ENGLISH BREAKFAST	
eggs, sausage, bacon, baked beans, black pudding, roast tomato, mushroom	9   13

**B R E A K F A S T B A P S**

AVOCADO egg v	5
SAUSAGE OR BACON egg	5
SMOKED SALMON egg, cream cheese	6

**S I D E S**

TOAST   MUSHROOMS   ROAST TOMATO   BAKED BEANS	3
SPINACH   BACON   SAUSAGE   BLACK PUDDING	4
HASH BROWNS   SMOKED SALMON   AVOCADO	4

**P A S T R I E S**

all 3

CROISSANT | CRUMPETS | ENGLISH MUFFIN | PAIN AU CHOCOLAT | PAIN AUX RAISINS

**PRESS JUICE** Cold Pressed Juice all 4.5

- GREEN cucumber, apple, celery, spinach, romaine, kale, lemon
- HARD GREEN cucumber, lemon, celery, ginger, kale, romaine, spinach
- GINGER apple, lemon, ginger
- BERRY strawberry, lemon, apple, mint
- CITRUS orange, lemon, tangerine, grapefruit, turmeric, cayenne, black pepper

**SMOOTHIES** all 6.5

- GREENS AND AVOCADO kale, avocado, kiwi, banana, spirulina, mint, lime, ginger, dates, coconut water
- COFFEE & BANANA espresso, cacao nibs, hemp seeds, banana, maca, dates, oats
- BERRY AND ACAI blackberries, cherries, raspberries, acai, goji berries, banana, beetroot, coconut
- MANGO & TURMERIC mango, avocado, pineapple, turmeric, ginger, black pepper, dates, coconut
- CACAO & GINGER Cacao, avocado, ginger, baobab, banana, oats, dates

**FRESHLY SQUEEZED** all 3.75

- ORANGE | GRAPEFRUIT | APPLE | CARROT

**KOMBUCHA** by Jarr Kombucha all 3.75

- ORIGINAL | PASSION FRUIT | GINGER

**COFFEE**

- HOUSE ESPRESSO by Grind, Shoreditch, London all 3
- GUEST ESPRESSO by Square Mile Coffee Roasters 3
- MATCHA 3
- FILTER or BREW FOR TWO by Grind, Shoreditch, London 3 | 4.75
- COLD BREW by Bottleshot Cold Brew BLACK | OAT 2.75

**TEA** all 3

- ENGLISH BREAKFAST | EARL GREY | PEPPERMINT | FRESH MINT | CHAMOMILE
- GREEN | JASMINE | RED BERRY AND HIBISCUS | ROOIBOS

- MILK ALTERNATIVES oat | soya | coconut